Sarah Castle

Consultant Child and Adolescent Psychiatrist

Introductory paragraph on the hero section of the website. Short and to the point.

# Areas of Expertise

Counselling, Psychotherapy, Cognitive Behavioural Therapy & Psychiatric Consultation.

Two paragraphs explaining your expertise / the service we are providing.

# Areas of Expertise

## Counselling

Explain each expertise and what it does for the children you can see.

## Cognitive Behavioural Therapy

Explain each expertise and what it does for the children you can see.

## Psycotherapy

Explain each expertise and what it does for the children you can see.

# My Approach

Explain our way of doing treatment.